

# The Ultimate Warm-up

by Gary P. Gilroy

Flute

♩ = 120 2

*mp*

**A**

**B**

**C**

*mf*

**D**

**E**

**F**

*mf*

**G**

**H**

*ff*

**I**

*fff*

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by Gary P. Gilroy

Flute

♩ = 120 2

*mp*

**A**

**B**

**C**

*mf*

**D**

**E**

**F**

*mf*

**G**

**H**

*ff*

**I**

*fff*

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# The Ultimate Warm-up

$\text{♩} = 120$  2

*mp* *mf* *f* *ff* *fff*

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# The Ultimate Warm-up

$\text{♩} = 120$  2

*mp* *mf* *f* *ff* *fff*

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# The Ultimate Warm-up

*J* = 120 **2**

*mp* **A**

**B**

*mf* **C** **D**

**2** **E**

*mf* **F**

**G** **H** *f*

**I** *ff* *fff*

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# The Ultimate Warm-up

*J* = 120 **2**

*mp* **A**

**B**

*mf* **C** **D**

**2** **E**

*mf* **F**

**G** **H** *f*

**I** *ff* *fff*

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Bb Tenor Saxophone

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$\text{♩} = 120$  2

*mp*

A

B

C

D

E

F

G

H

I

*mf* *ff* *f*

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Bb Tenor Saxophone

# The Ultimate Warm-up

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$\text{♩} = 120$  2

*mp*

A

B

C

D

E

F

G

H

I

*mf* *ff* *f*

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# The Ultimate Warm-up

♩ = 120 2

mp

A

B

C

D

E

F

G

H

I

ff

fff

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# The Ultimate Warm-up

♩ = 120 2

mp

A

B

C

D

E

F

G

H

I

ff

fff

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Bb Trumpets

# The Ultimate Warm-up

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$\text{♩} = 120$  2

*mp* *mf* *ff* *f* *fff*

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Bb Trumpets

# The Ultimate Warm-up

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$\text{♩} = 120$  2

*mp* *mf* *ff* *f* *fff*

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Horn (in F)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

mp

A

B

C

D

E

F

G

H

I

mf

f

ff

fff

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Detailed description: This is a musical score for a Horn in F. It consists of nine staves of music. The first staff begins with a tempo marking of quarter note = 120 and a dynamic of mezzo-piano (mp). The music is in 2/4 time and features a variety of rhythmic patterns and melodic lines. The score is divided into nine sections, each labeled with a letter in a box: A, B, C, D, E, F, G, H, and I. Section C is marked mezzo-forte (mf), section H is marked forte (f), section I is marked fortissimo (ff), and the final section is marked fortississimo (fff). The key signature has one flat (Bb).

Horn (in F)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

mp

A

B

C

D

E

F

G

H

I

mf

f

ff

fff

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Detailed description: This is a duplicate of the musical score above. It is a musical score for a Horn in F, consisting of nine staves of music. The first staff begins with a tempo marking of quarter note = 120 and a dynamic of mezzo-piano (mp). The music is in 2/4 time and features a variety of rhythmic patterns and melodic lines. The score is divided into nine sections, each labeled with a letter in a box: A, B, C, D, E, F, G, H, and I. Section C is marked mezzo-forte (mf), section H is marked forte (f), section I is marked fortissimo (ff), and the final section is marked fortississimo (fff). The key signature has one flat (Bb).

Horn (in Bb)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

*mp* *mf* *f* *ff* *fff*

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Horn (in Bb)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

*mp* *mf* *f* *ff* *fff*

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Trombones/Baritone (B.C.)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

mp

A

B

C

D

E

F

G

H

I

mf

ff

f

fff

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Detailed description: This is a musical score for Trombones/Baritone (B.C.) in bass clef, 2/4 time, with a tempo of 120 beats per minute. The score consists of nine staves of music, each containing a different exercise labeled A through I. Exercise A starts with a mezzo-piano (mp) dynamic. Exercises C and E are marked mezzo-forte (mf). Exercises G and H are marked mezzo-forte (mf). Exercises I, F, and D show a dynamic progression from mezzo-forte (mf) to fortissimo (ff), then forte (f), and finally fortississimo (fff). The exercises include various rhythmic patterns, slurs, and articulation marks.

Trombones/Baritone (B.C.)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

mp

A

B

C

D

E

F

G

H

I

mf

ff

f

fff

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Detailed description: This is a duplicate of the musical score above, for Trombones/Baritone (B.C.) in bass clef, 2/4 time, with a tempo of 120 beats per minute. It contains nine exercises labeled A through I. The dynamics are mezzo-piano (mp) for A, mezzo-forte (mf) for C, E, G, and H, and a progression from mezzo-forte (mf) to fortissimo (ff), forte (f), and fortississimo (fff) for I, F, and D. The exercises feature various rhythmic patterns, slurs, and articulation marks.

Baritone (T.C.)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

mp

B

C

D

E

F

G

H

I

mf

ff

fff

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Baritone (T.C.)

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

mp

B

C

D

E

F

G

H

I

mf

ff

fff

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Tuba

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

A B C D E F G H I

*mp* *mf* *f* *ff* *fff*

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Tuba

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$  2

A B C D E F G H I

*mp* *mf* *f* *ff* *fff*

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Snare Drum

# The Ultimate Warm-up

by Gary P. Gilroy

*J* = 120

*fff* *mf* *fff*

A *fff* *mf* *fff*

B *fff* *mf* *fff*

C *fff* *mf* *fff*

D *fff* *mf* *fff*

E *fff* *mf* *fff*

F *fff* *mf* *fff*

G *fff* *mf* *fff*

H *fff* *mf* *fff*

I *fff* *mf* *fff*

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Snare Drum

# The Ultimate Warm-up

by Gary P. Gilroy

*J* = 120

*fff* *mf* *fff*

A *fff* *mf* *fff*

B *fff* *mf* *fff*

C *fff* *mf* *fff*

D *fff* *mf* *fff*

E *fff* *mf* *fff*

F *fff* *mf* *fff*

G *fff* *mf* *fff*

H *fff* *mf* *fff*

I *fff* *mf* *fff*

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Quads

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$

*mf* *f* *fff*

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Quads

# The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$

*mf* *f* *fff*

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# The Ultimate Warm-up

*J* = 120      2

*mf* RRRRRRRR LLLLLLLL RRRRRRRR LLLLLLLL

RRRRRRRR LLLLLLLL RRRRRRRR LLLLLLLL RRRRLLLLL R

*mf*

*f*

*mf*

*f*

*fff*

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# The Ultimate Warm-up

*J* = 120      2

*mf* RRRRRRRR LLLLLLLL RRRRRRRR LLLLLLLL

RRRRRRRR LLLLLLLL RRRRRRRR LLLLLLLL RRRRLLLLL R

*mf*

*f*

*mf*

*f*

*fff*

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# The Ultimate Warm-up

$\text{♩} = 120$  2 Hi-Hat

8 A 4

B 2 2 2

Crash

6 C 2 2 D 4

E F

Hi-Hat Crash

2 G 5 H 2

I mf f

ff fff

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# The Ultimate Warm-up

$\text{♩} = 120$  2 Hi-Hat

8 A 4

B 2 2 2

Crash

6 C 2 2 D 4

E F

Hi-Hat Crash

2 G 5 H 2

I mf f

ff fff

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# Ultimate Warm-up

The musical score is written for a xylophone in 4/4 time. It consists of ten staves of music, each with a lettered section marker (A through I) and specific hand assignments (RH for Right Hand, LH for Left Hand). The score includes various rhythmic patterns, including eighth notes, sixteenth notes, and triplets. Section A (measures 9-15) features a mix of RH and LH patterns. Section B (measures 16-22) continues with RH and LH patterns. Section C (measures 23-29) uses eighth notes. Section D (measures 30-36) features triplets. Section E (measures 37-41) includes a double bar line and a '2' marking. Section F (measures 42-48) features eighth notes and triplets. Section G (measures 49-56) features eighth notes. Section H (measures 57-63) features eighth notes. Section I (measures 64-73) features eighth notes. The final measure (74) ends with a double bar line.